

# Case Study



## Largest disease management program

The biggest French health insurer, with more than 50 million members covering 86% of the population, signed a multiyear contract with Healthways in order to improve the quality of self-care for people living with diabetes, with a primary focus on improving outcomes and thus reducing health costs.

User benefit from telephonic interventions, mail and e-mail communications and access to a web portal, with a focus on improving their knowledge of their disease, reducing gaps in care, and changing their health-related behavior to address lifestyle risks.

During its first phase, the program's success has been proved/demonstrated by high patient and physician satisfaction and positive results in a comprehensive health economics study.



[Healthways.com/international](http://Healthways.com/international)

## Facts & Figures

- ▶ One of the largest disease management programs in Europe
- ▶ By 2014, >2 million eligible people and >500,000 enrolled patients
- ▶ Covers France nationwide including overseas territories
- ▶ Started in 2011 with diabetes and its comorbidities – planned to extend to other chronic diseases (asthma, heart failure) from 2015
- ▶ Six call centers and 250 nurses in 2014
- ▶ [Find out how we improve health and Well-Being to generate economic value for you.](#)