

Welcome to the 2017 Partnership Promise

Set and Reach Your Goals with the
ParTNers For Health Wellness Program.

START NOW

This year, it's all about you.

Congratulations – you're ready to start your 2017 Partnership Promise. It's the best way to work on your personal well-being goals while being rewarded with healthcare savings. Read more below about what you need to complete as you save money with lower costs in 2017. You will receive a welcome mailer from Healthways in the next few days with everything you need to do. Here's a preview.

[Learn about this year's program requirements.](#)



COMPLETE your Well-Being Assessment (WBA) by March 15, 2017.

Take a few minutes to complete a confidential online questionnaire that assesses your overall health and well-being goals for the year. Don't have access to a computer? Call 1.888.741.3390 for other options.

TAKE YOUR WELL-BEING ASSESSMENT



GET a biometric screening by July 15, 2017.

You can complete this step in one of two ways:

1. **With your physician.*** Download your [Physician Screening Form](#) and take it to your next appointment for your doctor to fill out. You must use this form. Then, you or your doctor must return the form to Onsite Health Diagnostics (OHD) by **July 15, 2017**.

*Healthways will accept results from a doctor's visit between July 16, 2016 and July 15, 2017.

2. **At an onsite screening event.** [Sign up](#) for an onsite screening near you. **You can begin signing up for your onsite screening starting in February 2017.**



PARTICIPATE in Disease or Case Management Coaching (if you are called).

- **Disease or Case Management coaching is still required for 2017.** Go [here](#) for more information. Disease management coaching includes the following five chronic conditions: diabetes, asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF) and coronary artery disease (CAD).
- **Lifestyle Management coaching is voluntary in 2017.** Lifestyle management could include behaviors like weight loss, tobacco cessation or stress management.

LEARN MORE ABOUT COACHING



UPDATE your information (if it has changed).

If your home address, phone number or email address changes, you must update your contact information with your employer (Head of Contract) or Healthways (covered spouse).

UPDATE YOUR CONTACT INFORMATION

Check your **Partnership Promise** status.

Call 1.888.741.3390 and select **option 1** to use the automated verification system.

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