



Take the first step in your Partnership Promise.

The Well-Being Assessment (WBA) is an important part of your Partnership Promise. Taking this short health survey will give you a snapshot of your well-being, and help you set your personal health goals. The WBA is also one part of satisfying the Partnership Promise, which saves you money on healthcare costs. Make sure you get the most out of your Partnership Promise PPO or Promise HealthSavings CDHP by completing your WBA by **March 15, 2017**. It's easy.



COMPLETE your Well-Being Assessment (WBA) by March 15, 2017.

1. Sign in to your Well-Being Account to take the confidential Well-Being Assessment.
2. Answer questions honestly about your physical, social and emotional health.
3. Read the summary of your overall health and suggestions for improvement.

[TAKE YOUR WELL-BEING ASSESSMENT](#)



ANSWER the call from your coach.

You may be called to enroll in **Disease or Case Management** coaching to help you decrease your health risks and reach your well-being goals. **If you are called, you must participate.** Calls are private and you schedule them at times that work for you. Lifestyle management coaching is voluntary in 2017 and you are not required to participate. If you have questions, call Healthways at 888-741-3390.

[LEARN MORE ABOUT COACHING](#)



UPDATE your information (if it has changed).

If your home address, phone number or email address changes, you must update your contact information with your employer (Head of Contract) or Healthways (covered spouse).

[UPDATE YOUR CONTACT INFORMATION](#)

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The State contracts with Healthways, a leading provider of well-being improvement solutions, to manage the Partners for Health Wellness Program. Healthways is committed to protecting the confidentiality of your personal information.

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