

If you have submitted a Physician Screening Form (from OHD) or attended an Onsite Screening on or before February 24 you can disregard this email.

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Complete your Biometric Screening by July 15, 2017.

GET STARTED TODAY

It's all about you. Get your screening to know your numbers and improve your health.

Complete the Partnership Promise to save.

As a member of the Partnership Promise PPO or the Promise HealthSavings CDHP you and your covered spouse (if he or she is covered on your insurance) can make 2017 your healthiest year yet. To fulfill your Partnership Promise, complete the next step: your Biometric Screening.



Here's how:

1. **At an onsite screening event.** Sign up for an onsite screening event near you. You must complete your screening by **July 15, 2017**.

SCHEDULE YOUR ONSITE SCREENING

2. **With your physician.** Download your Physician Screening Form and take it to your next appointment for your doctor to fill out. Then, you or your doctor must return the form to Onsite Health Diagnostics (OHD) by **July 15, 2017**. **Only the OHD form will be accepted.**

DOWNLOAD YOUR PHYSICIAN SCREENING FORM



Answer the call from your coach.

You may be called to enroll in **Disease or Case Management** coaching to help you decrease your health risks and reach your well-being goals. If you are called, you must participate. Calls are private and you schedule them at times that work for you. Lifestyle management coaching is voluntary in 2017 and you are not required to participate. If you have questions, call Healthways at 888-741-3390.

[Subscribe](#) to our email list



UPDATE your information (if it has changed).

If your contact information changes at any time during the year, you and your covered spouse (if he or she is on your insurance) must update your information as soon as possible as part of your Partnership Promise.

UPDATE NOW

Check your **Partnership Promise** status.

Call 1.888.741.3390 and select option 1 to use the automated verification system.

partnersforhealth@healthways.com • www.partnersforhealthtn.gov • 1.888.741.3390

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FOR HEALTH**



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